2021 -2022 Spartanburg County BMI Project Highlights

Percent of Spartanburg County Elementary Students by Weight Status, 2021-2022

- Underweight: 6.5%
- Healthy Weight: 55.4%
- Overweight: 15.7%
- Obese: 22.4%

7,361 first, third and fifth grade students measured (86.0% of students enrolled)

Districts 1, 2, 3, 4, 6 & 7
Percentage of Spartanburg County Elementary School Students Overweight or Obese, by Grade, 2021-2022

- 1st Grade: 2,406 students measured (85.5%): Overweight 17.8%, Obese 14.2%
- 3rd Grade: 2,471 students measured (86.4%): Overweight 22.8%, Obese 14.8%
- 5th Grade: 2,484 students measured (86.1%): Overweight 26.4%, Obese 18%
Percent of Spartanburg County Elementary Students Overweight by Gender, 2021-2022

Female: 16.1%
Male: 15.3%

Percent of Spartanburg County Elementary Students Obese by Gender, 2021-2022

Female: 20.7%
Male: 24.0%
Percent of Spartanburg County Elementary Students
Overweight by Race, 2021-2022

- Black: 15.2% (275 of 1,812 students)
- Hispanic: 16.5% (115 of 699 students)
- Other: 17.9% (107 of 599 students)
- White: 15.5% (655 of 4,238 students)

Percent of Spartanburg County Elementary Students
Obese by Race, 2021-2022

- Black: 27.5% (498 of 1,812 students)
- Hispanic: 29.6% (207 of 699 students)
- Other: 22.2% (133 of 599 students)
- White: 19.0% (804 of 4,238 students)

Note: ‘Other’ category includes any racial category that was not indicated White, Black or Hispanic (i.e. Asian, mixed race, etc.)
Note: Socioeconomic status based on free and reduced lunch eligibility
Spartanburg County Overweight and Obese Students 2011-2021

Source: Spartanburg County School Districts BMI Study.
Note: 2020 data is from 3 and 2021 is from 6 school districts.