Top 5 Kid-Friendly Trails in Spartanburg?

**Butterfly Branch Greenway**
Behind Northside Harvest Park (near VCOM Carolinas)
Greenway connects to a Butterfly Creek that cultivates a fun, positive space for individuals of all ages to enjoy. The surrounding area includes walking and biking trails, educational kiosks, pavilions, and an outdoor learning laboratory for children to learn about the variety of native flora growing there.

**Duncan Park (walking & biking)**
The trails main entrance is off Duncan Park Dr
The off-road biking trails wind and weave through the woods of Duncan Park.

**River Birch Trail**
The trailhead starts off Sydnor Rd behind the old Spartanburg High School tennis courts. The trail has recently been paved and is a great place for families with strollers, bikes or wheelchairs.

**Mary Black Foundation Rail Trail**
Located between South Pine St and Union St, the trail has access points at East Henry St and at Country Club Rd. This trail includes Rail Tail Dog Park, Hot Spot Skate Park.

**Sunshine and Going Outdoors Boosts Immune Function.**

**Mark H. Wright Greenway**
The greenway includes a basketball court, two playgrounds, and a picnic shelter.

**Kids who get lots of fresh air are more likely to have healthier hearts, more flexible joints and stronger lungs than kids who spend more time indoors.**